



Friends of African Nursing
Annual Report 2021

June 2022

Welcome

This is the eighteenth Annual report by Friends of African Nursing. Its' purpose is to communicate with you as to whether we are meeting our charitable objectives and to be accountable to all those who support and assist us to achieve them.

2021 continued to be for us, a tricky year, as for many charities and foundations, struggling to meet their ambitions due to the pandemic. From that perspective, we do not have a great deal to report to you and it is to be hoped that we can continue to deliver education to nurses in Africa at some point in the future. For now, that must be an aspiration and not a reality.

Kate Woodhead

Chair of Trustees

What we do

We work in eleven countries in Africa, delivering education, organised with and through the Ministries of Health. Most of our delegates are working in the Operating Theatres so we seek to help them to understand some of the complexities of perioperative care and the rationale for different aspects of patient safety. Many have never had the opportunity to learn the basics or received any specific education on the subject. We focus on risk management, patient care, infection prevention and teamwork. We supplement the face to face education with on-line offerings and communicate with our students via Clinical Ambassadors. We love having students in front of us as they are such keen learners, asking many questions – skewing our timings- frequently!

In brief

In 2021 we were unable to make any visits to Africa but instead decided that we could meet our charity objectives by running one day conferences and master classes for potentially a broader selection of students if we got the marketing right.

This was our 20th anniversary year and we had planned for a number of events but as time progressed and the pandemic constrained our activities, we had to change tack and cancel many of the events planned.

We have continued to work on updating charity documents and have used the time usefully to review and refresh the brochures of the charity. Our Webmaster has sorted out a variety of website glitches for us and maintained the site, on a pro bono basis for which we are most grateful. We have continued to update our on-line education and now each of the modules has been reviewed and changes made if they were necessary.

We have met monthly as a group of trustees to ensure that the business of the charity continues and that we each report to each other, the activity we have been involved with.

We have sent boxes of books to named nurses in Malawi, Kenya, Ghana and Botswana during 2021 and have tried to send many others but emails have not been answered.

Membership Newsletters have been sent twice during the year.

Fundraisers were all cancelled but cloth facemasks in aid of FoAN raised over £1,000 during the year. Calendars and cards were still sold on-line and helped to continue some income generation.

Members and patrons continue to support us financially, which is most gratefully received, and we are endlessly grateful for their loyalty and



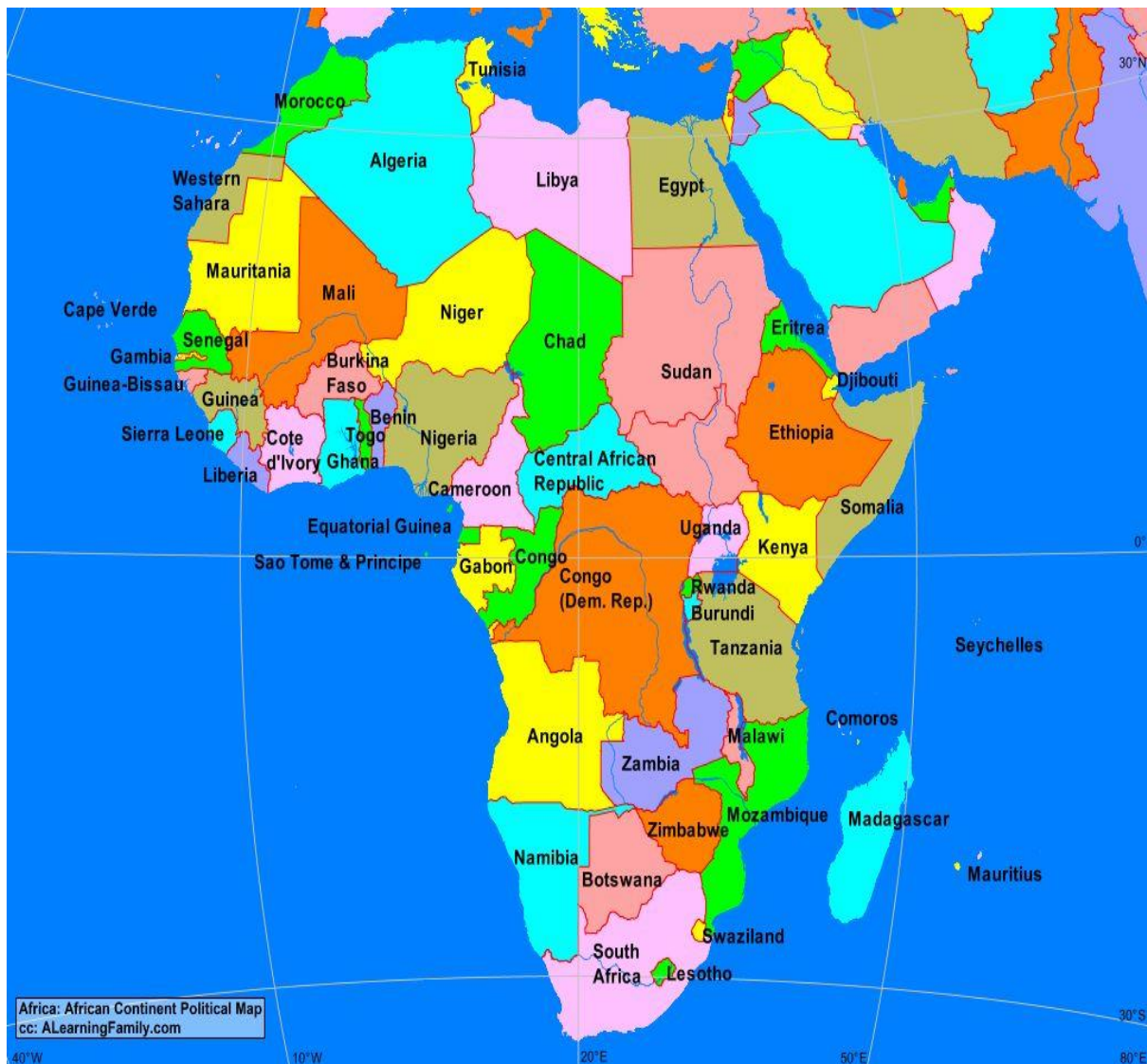
continued help.

Our charitable objectives

- To develop, maintain and run an effective charity to support FoAN activities
- To provide international nursing expertise at practical, academic and management level to support government health strategies.
- To develop nursing programmes in conjunction with African Ministries of Health to assist national health agendas, institutional plans and personal professional development.
- To work with national and specialist nursing organisations and interest groups.
- To provide focused expertise to perioperative nurses, developing individuals, teams and potential leaders.
- To provide a conduit for ethical donations of educational material and clinical equipment for operating theatre practice.

Countries where we have worked.

Uganda, Zambia, Kenya, Ethiopia, Botswana, Tanzania, Ghana, Malawi. The Seychelles, Lesotho and Rwanda.



The team of trustees



Kate Woodhead – FoAN Chair and Co-Founder. Kate works independently as a healthcare consultant, having more than 40 years in perioperative care as a practitioner and manager in NHS and managing her own business. She is a former President of the International Federation of Perioperative Nurses (2002-2006) and a previous Chairman of the National Association of Theatre Nurses (1998-2001). She worked with The World Health Organisation on Safe Surgery Saves Lives Campaign. She has led FoAN as Chair of Trustees since 2003.



Dot Chadwick – FoAN Trustee Dot has worked in the perioperative environment for many years, undertaking clinical, managerial and educational roles. She has worked in an educational role most recently and is an important advisor to the charity on the topic. Dot was latterly appointed and worked as a Specialist Advisor for the Care Quality Commission, inspecting Operating Theatres around England. She is an active member of the Association of Perioperative Practice and a Past Officer of the Association. She works on the AfPP Consultancy bank.



Diane Gilmour – FoAN Trustee Diane has been nursing for 35 years employed within a variety of different roles during that time within the perioperative field- clinical, managerial, education. In 2018 Diane moved to the national quality improvement programme - Get It Right First Time (GIRFT) which has now moved into NHS England/ Improvement. Continuing this work, and aligned to local integrated care systems, Diane is involved with theatre productivity and elective recovery in the South East Region.

Diane was elected as a Trustee of Association for Perioperative Practice in 2005 and President January 2009-October 2010. She has published and presented on a variety of subjects nationally and internationally.

Diane has been a member of FoAN since 2005 when she was sponsored by Mölnlycke to support the educational programme in Tanzania. In 2012 Diane became a Trustee and has travelled to Malawi and Ghana. Diane lives in Crawley.



Sally Pentecost – FoAN Trustee

Sally qualified as a Enrolled Nurse in 1983 working in general nursing going onto complete her conversion course in 1996, and moving into peri- operative practice where she went onto complete her theatre course and teaching qualifications from University of the West of England.

Although Sally retired four years ago from her full time job of Theatre Manager at West Cornwall Hospital Penzance where her role included the overseeing of Theatres, the Surgical ward and the Treatment Centre, she still works as a Bank Theatre Nurse, which she really enjoys.

Sally first became involved with Association for Perioperative Practice as a member of Brunel branch in Bristol and then as a congress helper, finally she moved on to join the South West Regional team.



Mona Guckian Fisher FoAN Trustee

Mona is President of the International Federation of Perioperative Nurses (IFPN) (2018-2021), and a past president of the UK Association for Perioperative Practice (AfPP); and has been involved in the delivery of perioperative services for over 40 years. She has served on the board of the European Operating Room Nurses Association (EORNA) 2013-2017 and IFPN 2014-2017.

She has travelled both to India and Africa promoting standardised practice, teamwork, and patient safety in the multidisciplinary theatre team. Mona received the AfPP Award of Merit 2017 in recognition of her services to perioperative practice and patient safety.



Lindsay Keeley – FoAN Trustee

Lindsay is a registered nurse with over 30 years' experience, she has spent most of her career in perioperative practice, across both the NHS and Independent sector working in several specialities including ENT and Ophthalmics. She has a degree in Professional Nursing Studies and is currently Patient Safety and Quality Lead for the Association of Perioperative Practice (AfPP). This role entails supporting members with guidance on best practice and professional advice, particularly around patient safety and quality. As part of her role, she holds an honorary contract working in practice at Harrogate District Hospital.



Sandra Pryme Foan Trustee

Sandra did her initial nurse training in New Zealand and has thirty years' experience of working in the perioperative environment in a broad range of roles. She has held a number of senior posts as a team leader and a clinical educator.

She is currently the Training and Development Co-ordinator for the anaesthetic directorate at Lancashire Teaching Hospitals NHS Foundation Trust. Within her current role she supervises and supports pre-registration student nurses, trainee ODP's and qualified practitioners in the clinical area.

Sandra has been actively involved with AfPP for many years and has been a regional team lead, trustee and sits on the current governance committee. Outside of work she is a mixed media artist, enjoys going to the gym, working on her allotment and spending time with friends and family.



Julia Lea - Treasurer

Julia is a qualified chartered accountant with over 20 years of experience. She has worked in practice for KPMG and Deloitte and now works for Alliance Automotive UK as their Group Mergers & Acquisitions manager having moved from Wm Morrison Supermarkets Plc. Julia is based in their head office in Bradford using her financial experience to help them acquire at least 12 businesses a year.

Patrons

We are most grateful for the support of our patrons, who enable us to reach communities and contacts outside our usual circles. Their role is as ambassadors for the charity.

John Heath – patron

John started his publishing career in 1986 at Benn Publishing selling classified advertising on Packaging Week. In 1987 he moved to Macmillan Publishing where he progressed to become group advertising manager for the Health Service Journal, Therapy Weekly and Social Work Today.

He left in 1990 to set up JMH Publishing Ltd and launched the National Association of Health Authorities and Trusts (NAHAT, now the NHS Confederation) NHS Handbook. 1998 John saw the opportunity to develop a similar Handbook for the pharmaceutical industry and launched the Wellards Guide to the NHS and Medicines, the Guide became an instant success and grew into The Wellards Academy until it was sold to Wilmington in 2016.

Denis Robson - patron

Denis Robson enjoyed a 40 year career with global healthcare company Johnson & Johnson where he held several senior management positions with responsibility for business in Africa and the Middle East. Latterly he served as part of the African Corporate Social Responsibility team with responsibility for health workforce training. He now actively serves on boards and committees

that are dedicated to improving access to surgery and the treatment of mothers with childbirth injuries.

Educational Activity in 2021

It was not possible to travel to Africa during the pandemic, so trustees decided that we should hold a one day conference on Infection Prevention in Perioperative Practice. We were delighted that with much advertising around Africa bringing to bear all possible contacts, we had 216 people register for the event from 19 countries. We had speakers on the programme from four different African countries as well as UK, USA and Canada. Our colleagues from Friends of African Nursing Canada very kindly made a donation to help sponsor the event, which was managed and run by Fitwise Management Company. The day evaluated very well and all speakers were informed of their feedback.

On the basis that the day had been very successful, we engaged Fitwise to help us to provide a further day in December 2021 the topic being Safe Surgery. We had fewer registrations but none-the-less achieved 165 nurse registrants from 15 countries. Equally the day evaluated extremely well with four African speakers and four from the UK.

If the nurses are unable to join us on the day the technology enables an unlimited time for them to catch -up and listen after the event. The first conference had a one month catch up time and the second, two months due to the Christmas period. We believe that the conferences are our 'core' business as a charity, in the inability to travel, and have reached many more nurses via the conferences than we would have during an in-person visit.

Charity Income and Expenditure

2021 was a quiet year, with few opportunities to raise funds or to spend them! However, we maintain a healthy balance in the bank due to the generosity of our patrons and members and the efforts of trustees to raise funds where possible.

Sales

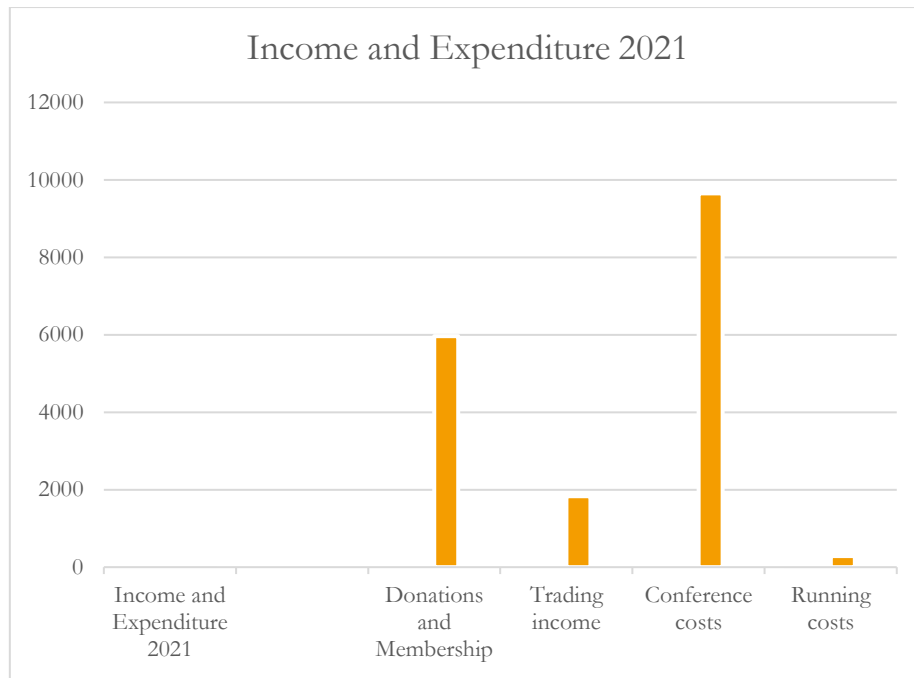
During 2021 we had few opportunities for fundraising but at the end of October, Kate held an event in her village and raised around £800 from the

sale of donated, scarves, jewellery and handbags. Soraya and everyone who helped make the day a success is thanked for their efforts.

Once again, we created a calendar to raise the profile of FoAN. The calendar is kindly donated by John Heath as a contribution in kind. He is thanked for his generosity and continuing financial assistance to us. Cards designed and donated by Lesley, which she continues to contribute, sell well. She is thanked for her ongoing support. Sally's husband Eric is an artist and has also kindly donated some of his cards for FoAN sales, thank you to him, as they are very popular too.

Items are usually purchased from Africa so that we have a flavour of the continent on each of our sales stalls, obviously this has suffered from FoAN not travelling but equally we have had few sales opportunities during lockdown.

		2020	2021
1	Donations and Membership	£3,357	£5,964
2	Charity running costs	£1,386	£284
3	Trading income	£1,753	£1832
4	Educational costs (conference)	£2,386	£9,654



Concentration: leadership students Botswana.

Thanks and acknowledgements

A huge thank you to all who have continued to support the efforts the trustees make to ensuring our charitable objectives are met. During a year when the continuing pandemic has reduced charity fundraising activities, trustees have ensured the health and governance of the organisation by updating essential documents, which sometimes get set aside when we are travelling a great deal.

Online conferences are not the ideal delivery of education as there is not opportunity to check understanding, but it is far better than nothing at all! We have facilitated two in the year and these have reached out to many delegates, now and others unknown to FoAN. However, the expenditure chart shows that it is not without consequences to a small charity. Engaging a conference organiser is the ideal way forward but is an expensive process.

Thank you too to all those who continue to support the charity with financial donations – it couldn't be done without you! A huge debt of gratitude is also owed to all those who give up time and expertise to support and ensure the development of quality surgical care in Africa.

Kate Woodhead. August 2022

These words are followed by the financial data for 2021.

FOAN Income & Expenditure account		
General Fund		31/12/2021
		£
Voluntary Income		
Events	1,374	
Donations	5,074	
Membership	890	
Other	-	
	<hr/>	7,338
Activities for Generating Funds		
Bags	23	
Cards	73	
Calenders	285	
Jam	40	
Masks	125	
	<hr/>	546
Interest Received	1	
Sundry (refund postage)	-	1
TOTAL INCOME	<hr/>	7,885
		<hr/>
Purchases For Generating Funds(adj.for stock)		(24)
		<hr/>
Governance Costs		
Postage	171	
Stationery	12	
Website Maintenance	80	
Just Giving costs	-	
Bank charges	3	
Foreign exchange	- 18	
	<hr/>	9,903
Grants & Donations		
Clinical Gifts,Shipping		-
Charitable Activities		24
		<hr/>
TOTAL EXPENDITURE		9,903
		<hr/>
EXCESS OF INCOME OVER EXPENDITURE		(2,018)
		<hr/>